

SWIM ORLANDO YMCA

“SO Liberty Open”

June 27 – 29, 2008

Orlando, Florida

- Sanctioned By:** Florida Swimming of USA Swimming #
- Hosted By:** Swim Orlando YMCA, <http://SwimOrlando.com/>, 407-363-1911 or 407-455-2585
- Type of Meet:** Indoor 50 Meter Course – 3-day, Prelims/Finals for ages 11 and older, Timed Finals 10 & Under and 8 & Under
- Location:** YMCA Aquatic Center, 8422 International Dr, Orlando, Florida 32819
407-363-1911
- Entry Deadline:** June 18, 2008. Late Entries may be added if the heat sheet has not been printed and/or at the Meet Manager’s discretion.
- Pool Specifications:** Certified Indoor 50 meter 8-lane competition pool with non-turbulent lane lines. Water depth in the competition pool is minimum 7 feet.
- Timing Equipment:** Colorado Timing pads & buttons and score board
- Dates**
June 27 - 29, 2008
Friday June 27
Morning Session Warm up 630. Meet starts 8am
400 Free Session * Begins minimum 10 minutes after morning session ends.
Afternoon Session Begins 30 minutes minimum after 400 session ends.
Finals Warm up 5pm. Meet starts 6pm
Saturday June 28
Morning Session Warm up 630. Meet starts 8am
400 IM Session * Begins minimum 10 minutes after morning session ends.
Afternoon Session Begins 30 minutes minimum after 400 IM session ends.
Finals Warm up 5pm. Meet starts 6pm
Sunday June 29
Morning Session Warm up 630. Meet starts 8am
1500 Free Session * Begins minimum 10 minutes after morning session ends.
Afternoon Session Begins 30 minutes minimum after 1500 session ends.
Finals Warm up 5pm. Meet starts 6pm
- * Meet Management reserves the right to limit the number of entries in these events to allow the meet to run efficiently.*
- Warm-Up/Down:** Continuous warm up/down available in the adjacent Diving Well.
- Eligibility:** Open to all current USA Swimming registered athletes and foreign FINA recognized athletes with required documents. Entries will close upon receipt of any team’s entries that put a session over the Florida Swimming’s 4-hour time limit. Meet Management reserves the right to limit entries.
No qualifying times required.
- Entry Limit:** Three individual events per day for 11 and older
Four individual events per day for 10 and under
An entry that exceeds the entry limit for the day or meet will automatically be dropped.
For relays, athletes may compete in their own age group and/or the open category for that relay event sequence.
- Seeding:** Entries in the 400 free, 400 IM, 1500 may be limited – See “Distance Events Info” below
50-meter times will be used. Conversions may be made using the formula in the Florida Swimming Handbook.
- Entries:** Entries in a Hy-Tek export file should be emailed to SwimEntries@gmail.com. In the body of the email please list names of Coaches attending, total number of athletes and the amount of your total meet fees. Send payment, Entry master Sheet and entry printout or word file on disk (as backup) to Swim Orlando YMCA, YMCA Aquatic Center, 8422 International Drive, Orlando, FL 32819. Foreign teams must make payment in cash or money order.
- Entry Fee:** \$7.50 Swimmer Surcharge
\$2.50 per individual event
\$4.25 per relay event
Deck entries: \$10 per event

- Other Meet Info:** Fly over starts may be used.
Management may adjust start times of sessions and change scheduled breaks in order to affect an efficient meet.
Relays are Timed Finals swum in Morning and Mid-day sessions.
In Finals, "B" Final will precede "A" Final
- Distance Events Info:** 400 Free, 400 IM, 1500. Swimmers in 1500 must provide own timer and counter.
Positive Check in required by 9:00am each day for 13&14/Open events. For 10&U, 11&12 400 Free – positive check in is required by the afternoon Session Start Time. These events will be Deck seeded; swum together by gender; fastest to slowest alternating genders until heats are finished and scored separately. Heats may also be combined across gender to fill the field.
Management reserves the right to limit the number of entries in these events in order to run the meet efficiently. Coaches will be notified before the meet if any limitations are needed.
- Scratches:** A swimmer may not scratch an event in order to deck enter another event.
Prelims: No penalty for scratching on the block in prelims with the exception of deck-seeded events. Failure to swim a deck-seeded event will result in the swimmer being barred from his/her next individual event of the meet.
Finals: Any swimmer who qualifies in prelims in the original seeding of the top 16 finalists either must scratch within 30 minutes of the announcement of the qualifiers or must compete in that final. If a swimmer does not do so, he/she will be barred from the next individual event in which he/she is entered.
- Deck Entries:** Deck entry fee is \$10 and may be accepted by the Meet Referee or his/her designee, in both individual and relay events, provided:
*Entry is received by 30 minutes before the start of the session
* Swimmer meets all other standard requirements of the meet.
* Entry & meet fees are paid at time of entry.
- Alternates:** Swimmer will be placed in an existing empty lane or may standby.
Alternates who wish to swim in an open lane in finals must tell the starter prior to that event and then must stand at the Starter's stand ready to step on the blocks.
- Officials:** Meet Referee: Chuck Travers
Starter: Lenore Broadley
Head Stroke & Turn: John Kennedy
Marshal: Diana Woolbright
Meet Manager: Carol Nash
- Scoring:** Points will be awarded to 1st through 16th places in this manner: 20, 17,16,15,14,13,12,11, 9, 7, 6, 5, 4, 3, 2, 1.
Relay points are doubled and will be awarded 1st through 16th.
- Awards:** Medals will be awarded to individual place finishes 1, 2, 3
Ribbons will be awarded to individual place finishes 4, 5, 6, 7, 8
High-Point award will be given to the top individual point-earner in each age group/gender.
- Team Representative:** Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet may be given to the referee. For each team, only the coach and the designated person will be recognized.
- Identification:** Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet. International coaches must display their credentials.
- Rules:** Current USA Swimming Rules & Regulations will govern.
- Meet Management:** Meet Management reserves the right to make adjustments and alterations, within USA Swimming rules, that they determine will benefit the meet.

WARM-UP SCHEDULE

NO EQUIPMENT PERMITTED

SWIMMERS MUST ENTER THE WATER FEET FIRST WITH AT LEAST ONE HAND IN CONTACT WITH THE POOL DECK EXCEPT WHEN EXECUTING A CONTROLLED RACING START, SUPERVISED BY A COACH.

For Morning and Evening Sessions: First 30 minutes of warm up will be General warm up. All lanes circle swimming.

Final 30 minutes of warm up will be Controlled Warm up.

Controlled Warm-up:

LANES 1 & 8 – Push off 50's pace (circle swimming)

LANES 2 & 7 – Racing starts

LANES 3 – 6 – Circle swimming only

For Midday Sessions: First ½ of warm-up will be general swim. Second ½ of warm-up will be controlled warm-up as above

* The referee/marshal may alter warm-up procedures to meet the needs of the swimmers.

Order of Events

Girls Events – Odd Numbers / Boys Events – Even Numbers

FRIDAY MORNING June 27, 2008

13 &14, OPEN

Warm-up 6:30 a.m. Meet Starts 8:00a.m.

EVENT NUMBER

1 2
3 4
5 6
7 8
9 10
11 12
13 14
15 16
17 18
19 20

AGE GROUP

13&14
OPEN
13&14
OPEN
13&14
OPEN
13&14
OPEN
13&14
OPEN

EVENT

200 FREE RELAY
200 FREE RELAY
100 FLY
100 FLY
200 IM
200 IM
50 FREE
50 FREE
200 MEDLEY RELAY
200 MEDLEY RELAY

FRIDAY 400 FREE SESSION June 27, 2008

13 &14, OPEN

Deck-Seeded. Positive Check-in by 9:00am

Begins following morning session after a minimum 10-minute break

21 22
23 24

13&14
OPEN

400 FREE Prelims
400 FREE Prelims

FRIDAY AFTERNOON June 27, 2008

Prelims 11&12, Timed Finals 10 and Under

Begins – Minimum 30 minutes after completion of 400 Free Session

25 26
27 28
29 30
31 32
33 34
35 36
37 38
39 40
41 42
43 44

10 & UNDER
11 & 12
10 & UNDER
11 & 12
10 & UNDER
11 & 12
10 & UNDER
11 & 12
10 & UNDER
11 & 12

200 FREE RELAY
200 FREE RELAY
100 FLY
100 FLY
200 IM
200 IM
50 FREE
50 FREE
400 FREE (Timed Finals)
400 FREE (Timed Finals)

FRIDAY EVENING, June 27, 2008

B & A Finals for 11&12, 13&14, Open

Warm-up 5:00pm Meet starts 6:00pm

31 32
5 6
7 8
21 22
23 24
35 36
9 10
11 12
39 40
13 14
15 16

11 & 12
13 & 14
OPEN
13 & 14
OPEN
11 & 12
13 & 14
OPEN
11 & 12
13 & 14
OPEN

100 FLY
100 FLY
100 FLY
400 FREE
400 FREE
200 IM
200 IM
200 IM
50 FREE
50 FREE
50 FREE

SATURDAY MORNING June 28,

2008

13 & 14, OPEN Warm-up 6:30 a.m.

Meet Starts 8:00a.m.

45	46	13 & 14	400 MEDLEY RELAY
47	48	OPEN	400 MEDLEY RELAY
49	50	13 & 14	200 FREESTYLE
51	52	OPEN	200 FREESTYLE
53	54	13 & 14	200 BREASTROKE
55	56	OPEN	200 BREASTROKE
57	58	13 & 14	200 BACKSTROKE
59	60	OPEN	200 BACKSTROKE

SATURDAY 400 IM SESSION June 28, 2008

13 & 14, OPEN

Deck-Seeded. Positive Check-in by 9:00am

Begins following morning session after a minimum 10-minute break

61	62	13 & 14	400 INDIVIDUAL MEDLEY Prelims
63	64	OPEN	400 INDIVIDUAL MEDLEY Prelims

SATURDAY AFTERNOON June 28, 2008

Prelims 11&12, Timed Finals 10 & Under, 8 & Under

Begins – Minimum 30 minutes after completion of 400 IM Session

65	66	8 & UNDER	200 FREE RELAY
67	68	10 & UNDER	200 MEDLEY RELAY
69	70	11 & 12	200 MEDLEY RELAY
71	72	8 & UNDER	50 FREE
73	74	10 & UNDER	200 FREESTYLE
75	76	11 & 12	200 FREESTYLE
77	78	8 & UNDER	50 BREASTROKE
79	80	10 & UNDER	50 BREASTROKE
81	82	11 & 12	50 BREASTROKE
83	84	8 & UNDER	50 BACKSTROKE
85	86	10 & UNDER	100 BACKSTROKE
87	88	11 & 12	100 BACKSTROKE
89	90	8 & UNDER	50 BUTTERFLY

SATURDAY EVENING, June 28, 2008

B & A Finals for 11&12, 13&14, Open

Warm-up 5:00pm Meet starts 6:00pm

75	76	11 & 12	200 FREESTYLE
49	50	13 & 14	200 FREESTYLE
51	52	OPEN	200 FREESTYLE
81	82	11 & 12	50 BREASTROKE
53	54	13 & 14	200 BREASTROKE
55	56	OPEN	200 BREASTROKE
87	88	11 & 12	100 BACKSTROKE
57	58	13 & 14	200 BACKSTROKE
59	60	OPEN	200 BACKSTROKE
61	62	13 & 14	400 IM
63	64	OPEN	400 IM

SUNDAY MORNING June 29, 2008

13 & 14, OPEN

Warm-up 6:30 a.m. Meet Starts 8:00a.m.

91	92	13 & 14	400 FREE RELAY
93	94	OPEN	400 FREE RELAY
95	96	13 & 14	100 BREASTROKE
97	98	OPEN	100 BREASTROKE
99	100	13 & 14	100 FREESTYLE
101	102	OPEN	100 FREESTYLE
103	104	13 & 14	200 BUTTERFLY
105	106	OPEN	200 BUTTERFLY
107	108	13 & 14	100 BACKSTROKE
109	110	OPEN	100 BACKSTROKE

SUNDAY 1500 FREE SESSION June 29, 2008

13 & 14, OPEN

Begins following morning session after a minimum 10-minute break

Deck-Seeded. Positive Check-in by 9:00am

Swimmers must provide their own lane timer and counter

111	112	13&14	1500 FREESTYLE (TIMED FINALS)
113	114	OPEN	1500 FREESTYLE (TIMED FINALS)

SUNDAY AFTERNOON June 29, 2008

Prelims 11&12, Timed Finals 10 & Under

Begins - Minimum 30 minutes after completion of 1500 Free Session

115	116	10 & UNDER	400 FREE RELAY
117	118	11 & 12	400 FREE RELAY
119	120	10 & UNDER	100 BREASTROKE
121	122	11 & 12	100 BREASTROKE
123	124	10 & UNDER	100 FREESTYLE
125	126	11 & 12	100 FREESTYLE
127	128	10 & UNDER	50 BUTTERFLY
129	130	11 & 12	50 BUTTERFLY
131	132	10 & UNDER	50 BACKSTROKE
133	134	11 & 12	50 BACKSTROKE

SUNDAY EVENING, June 29, 2008

B & A Finals for 11&12, 13&14, Open

Warm-up 5:00pm Meet starts 6:00pm

121	122	11 & 12	100 BREASTROKE
95	96	13 & 14	100 BREASTROKE
97	98	OPEN	100 BREASTROKE
125	126	11 & 12	100 FREESTYLE
99	100	13 & 14	100 FREESTYLE
101	102	OPEN	100 FREESTYLE
129	130	11 & 12	50 BUTTERFLY
103	104	13 & 14	200 BUTTERFLY
105	106	OPEN	200 BUTTERFLY
133	134	11 & 12	50 BACKSTROKE
107	108	13 & 14	100 BACKSTROKE
109	110	OPEN	100 BACKSTROKE

Master Entry Form

SO Liberty! Meet Hosted by Swim Orlando YMCA YMCA Aquatic Center 50-meter long course – 3 DAY MEET June 27 - 29 2008

Team Name: _____ Call Letters: _____

Address: _____

City, State: _____ Zip _____

Coach of Record: _____ LSC _____

Office Phone: _____ Cell Phone: _____

Email: _____

Email entries to: SwimEntries@gmail.com on or before June 20, 2008

Make checks payable to: Swim Orlando YMCA

Mail payment, disks, printout of entries to:

Swim Orlando YMCA

Attn: Meet Entries

8422 International Drive

Orlando, FL 32819

FINANCIAL RECAP

Swimmer Surcharges	\$7.50 each	_____ = _____
Individual Events	\$2.50/Event	_____ = _____
Relay	\$4.25/Event	_____ = _____
Total Entry Fee Paid		_____ = _____

Entries Due on or before: June 20, 2008